



Salem United Methodist Church — Wolfsville

FOOD
pantry
TUESDAYS
6:30-7:30 PM
SALEM UMC - WOLFSVILLE

the FOOD PANTRY
is located at
12477 WOLFSVILLE RD
in the
PARSONAGE
adjacent to Salem Church

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January 26th through 29th

Salem Iron Men attend Men's Retreat



From left, Gary Barkdoll, Dennis Leatherman, Bill Weaver and Vernon Stottlemeyer of Salem's Iron Men joined 180 other men in late January at a retreat in Goshen, Virginia.

Retreat Sponsored by Zoweh

Several of the Salem Iron Men had the honor to attend a 4-day men's conference/retreat sponsored by Zoweh.

Zoweh is a ministry that serves men, women and marriages offering tools, resources, and encouragement for people to experience the life God has for them.

The conference was held from the 26th through the 29th of January 2023 at the Rockbridge, Younglife camp near Goshen, Virginia.

From Salem, Bill Weaver, Dennis Leatherman, Vernon Stottlemeyer and Gary Barkdoll attended this event.

The event was titled "King Me Advance" and was a conference for those ready to explore a deeper relationship with God, enter the deeper parts of their own stories, and discover they have a God-given glory to share with others.

It was a time to listen, learn, explore, reflect and share an individual's walk with God.

Gary Barkdoll said, "It was truly an



enlightening and enjoyable experience where the four of us had the opportunity to reflect on our own personal story and to experience the life and love of God together.

"We were able to explore and develop our own personal journey with God so that we might learn how to truly experience who we are, where we are, and all the good that God is up to in our lives — all the critical ingredients needed for a life that is oriented to Jesus.

"Though the days were long, the homework prior to going arduous, and seats that were very uncomfortable during group sessions, we managed to enjoy the time together with each other and with God.

"We shared great stories at mealtime and even had a little down time to enjoy what the camp had to offer."



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Salem Key Contacts: Lay Leader: Dennis Leatherman, Chair, Church Council: Vernon Stottlemeyer, Worship: Pastor Bob Snyder, Sunday School Superintendent: Bobby Fogle, Chair, Board of Trustees: Sue Ellen Stottlemeyer, Church Treasurer: William Burrier, Sunday School Treasurer: Mary Fogle, Chair, Staff-Parish Relations: Robin Haupt, Chair, Cemetery Committee: George Stottlemeyer, Food Pantry: Jennifer Gormer, Patrick Boyton, Dennis Draper & Tara Birriel

Salem Membership Statistics: Current Membership: 230, 2023 New Members: 0

Salem Physical Facilities: Church built 1847, Educational Building built 1967, Parsonage built 1974-75

Salem Website: www.SalemChurchWolfsville.org

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Purpose of Newsletter: The purpose of this newsletter is to provide a means of communicating with our members, their families, and our many friends of the Wolfsville community and surrounding areas. We pray that this newsletter will inspire you, our readers, to regularly attend worship services, Sunday School, and all other activities of the church. For those who are unable to attend, this newsletter is a means of bringing part of the church to you.

Salem Mission Statement: At Salem, with God's help, we pledge to INVITE others to Christ, HELP each other grow in faith, and SERVE those in need in our congregation, the community, and the world.

Salem Vision Statement: We will direct our efforts out into the community to serve people's needs and bring them to Christ.

Go 2023 MISSION PROJECTS 2023 Goal

Table with 2 columns: Project Name and Amount. Includes items like Frank & Nancy Stottlemeyer, Operation Christmas Child, Salem Mission & Outreach, etc. Total Goal for 2023 is \$9,491.

Here's how you can give . . .

- 1. Make checks payable to Salem United Methodist Church, or place cash in an envelope marked "Missions."
2. Tell us which mission project(s) you wish to support by making a note on your check or envelope.

3. Place your contributions in the offering plate at Sunday worship or mail to Salem.

If you do not designate a project, your contribution will be distributed to the project or projects needing funds to meet the monthly minimum payout goals.

MISSION PROJECTS - NEWS & UPDATES

Mission Project No. 14

World Vision - Sponsored Child in Colombia

Meet our New Sponsored Child

Last month we reported that Compassion introduced us to another young boy named Luckman. Luckman, age 6, lives in Tanzania. Our previous sponsored child in Tanzania, Barnaba, moved and is no longer under the sponsorship of Compassion.

We have just been advised that Yurley, our sponsored child in Colombia through World Vision has also moved. So, World Vision has assigned Lizeth Dayana as our new sponsored child in Colombia.

She is 8 years old, lives with her parents and has no brothers or sisters. Both her father and mother are factory workers.

Salem sends \$38 each month to Compassion International to support Luckman in Tanzania and \$35 each month to World Vision to support Lizeth.



Lizeth

OFFICE HOURS for PASTOR BOB SNYDER

Table showing office hours for Sunday, Monday (day off), and Tuesday through Friday.

Table showing office hours for Tuesday, Wednesday, Thursday, Friday, and Saturday.

Who's Doing What, When?

March 2023

9:00 A.M. SANCTUARY & ONLINE ZOOM WORSHIP

Lay Reader	Acolyte	Organist/Pianist
5 Robin Haupt	5 Loralli Snyder	5 Sara Weitzel
12 Sue Ellen Stottlemeyer	12 Cheyenne Leatherman	12 Sara Weitzel
19 Gary Barkdoll	19 Valentina Barkdoll	19 Sara Weitzel
26 Marlene Young	26 Shelby Leatherman	26 Sara Weitzel
Computer	Camera	Greeter
5 Donna Snyder	5 Lori Williamson	5 Donald & Susie Stottlemeyer
12 Wanda Barkdoll	12 Dennis Leatherman	12 Dennis Draper
19 Lori Williamson	19 Wanda Barkdoll	19 Matt Stottlemeyer
26 Sue Ellen Stottlemeyer	26 Dennis Draper	26 Barkdoll Family

Salem Choir Notes



Sandy Lewis & Marlene Young, Co-Choir Directors

The Salem Choir began practices for the Spring season on Tuesday, February 21, 2023, at 7:30 p.m. in the church sanctuary. We are preparing musical offerings for morning worship services and for the Lenten and Easter season.

Marlene and I welcome back our Salem singers and also extend an invitation to anyone who would like to join us. Whether or not you can read music, we extend a warm invitation to any and all to come join us to make a joyful noise to the Lord in praise!

—Sandy Lewis

"I will praise God's name in song and glorify Him with Thanksgiving" —Psalm 69:30 NIV

Contacts: Sandy Lewis (240-385-4358) and Marlene Young (301-491-5275)

A Lenten Prayer — How to Fast

- Fast from judging others: Feast on the Christ dwelling within them.
- Fast from anger: feast on patience.
- Fast from complaining: feast on appreciation.
- Fast from pessimism: feast on optimism.
- Fast from negatives: feast on affirmatives.
- Fast from worry: feast on trust.
- Fast from bitterness: feast on forgiveness.
- Fast from words that pollute: feast on phrases that purify.
- Fast from self-concern: feast on compassion for others.
- Fast from facts that depress: feast on truths that uplift.
- Fast from lethargy: feast on enthusiasm.
- Fast from unrelenting pressures: feast on unceasing prayer.
- Fast from emphasis on differences: feast on the unity of life.
- Fast from discontent: feast on gratitude.
- Fast from hostility: feast on nonviolence.
- Fast from suspicion: feast on truth.
- Fast from discouragement: feast on hope.
- Fast from idle gossip: feast on purposeful silence.

—Submitted by Margaret Yowell

DON'T FORGET Soup & Sandwich Pick Up

Saturday, March 11
4-6 p.m.
Sunday, March 12
9-11 a.m.



Daylight Saving Time begins
Sunday, March 12, 2023

It's Your Day!



March Anniversaries

- 8 - Monty & Phyllis Beall
- 18 - Sam & Jane Zimmerman

March Birthdays

- 5 - Sarah Haddock
- 5 - Richard Harshman
- 6 - Jane Zimmerman
- 7 - Joshua Koons
- 8 - Madison Elsbach
- 11 - Dawn Nelson
- 12 - Jennifer Harne
- 13 - Joshua Gormer
- 14 - Donna Snyder
- 15 - Vicki Robinson
- 16 - Ken Poling
- 17 - Audrey Tolland
- 19 - Bobby Doyle
- 19 - Ralph Wright
- 24 - Allison Adams
- 24 - Pastor Bob Snyder
- 24 - Sharon Harshman
- 28 - Shelby Leatherman

Holy Communion

March 5, 2023
9:00 a.m.



Inclement Weather Policy

If inclement weather forces the church building to be closed for Sunday service, Pastor Bob will send out an email and voice message by 7 a.m.

An abbreviated worship service will still be held at 9:00 a.m. using Zoom, giving folks an opportunity to worship from home.

Dan Lafferty of D. L. Home Enhancements, LLC, will clear snow and ice from the Salem parking lot.

Salem's Board of Trustees has entered into a two-year maintenance plan with Hagerstown Heating and Cooling to maintain the air purifier system in the sanctuary and the social room. The plan includes system maintenance during the spring and fall. Replacement of the two-year UV Bulb and Oxidizer is included in the maintenance plan. This system was installed in early 2021, in response to the pandemic, to provide clean and healthy air within Salem's buildings.



Message from the Pastor and Worship in March

■ By **PASTOR ROBERT E. SNYDER**

Throughout March, we'll be journeying through the Season of Lent. I encourage you to spend this time reflecting on how it's going in your relationship with God, confessing a sin that you've been holding onto, receiving God's forgiveness and experiencing restoration and renewal in your life.

Use this Lenten Season to honestly evaluate how things are going as you strive to follow Christ through acts of worship, devotion, compassion, and justice.

Are you tending to each of these as you strive to follow Jesus?

Perhaps God is nudging you in some new direction. Lent is a wonderful opportunity to listen and respond to God.

Give dedicated time to God this year, watch and listen for him, and ask his help in discerning his will for you at this time in your life.

May God bless you greatly this upcoming Lenten Season! —*Pastor Bob*

March 5

Holy Communion

"Spreading God's Love"

John 3:1-17

John 3:16-17 – "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him."

God is love. He proved that to us when Jesus died on the cross to save us from sin and death. God pursues us with his love. Despite what we do, he continues to desire to love and care for us.

What is our response to such a great love as this? To love God back and to love each other as he loves us.



March 12

"Ingredients for Peace"

Romans 5:1-11

Romans 5:1 – "Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ."

The other week, someone shared with me, "there is so much going on in my life right now all at the same time. I just want some peace!"

It was an honest outpouring of feelings during a difficult time. We all yearn for peace in our lives, don't we?

This morning's scripture provides the ingredients that bring peace. God's own faithfulness to us, our faith in him and his saving acts on our behalf, and God helping us to have faith in him.

These three ingredients work together to bring us peace.

March 19

"Spreading God's Light"

Ephesians 5:8-14

Ephesians 5:8 – "For you were once darkness, but now you are light in the Lord. Live as children of light."

When Jesus came into the world, he

perfectly embodied the light of God. The light of his life pierced through the dark, sinfulness of humanity and showed us that a better way is possible through him.

His light never shined so brightly as on the day he gave his life up to save us from sin and death, and God's light continues to guide us through the Holy Spirit present with us each day to shine a light on our pathway forward.

What is our response to such a great light as this? To follow Christ and reflect his light to others. To live as children of light.

March 26

"Waiting in Hope"

Psalm 130

Psalm 130:5 – "I wait for the Lord, my soul waits, and in his word I put my hope."

For my sermon title today, I borrowed from Rev. Rita Hays and her reflection on the back of today's bulletin.

I tried to think of another title, but the words "waiting" and "hope" are both so appropriate together in the study of Psalm 130.

It is difficult to wait in line, wait for an upcoming event, or wait for the results of a worrisome medical test.

But we never wait alone. God is always with us to care for us in our waiting and this brings us the hope we need no matter what our circumstances.

With God at our side, there is always hope.

LENT

A SEASON OF REFLECTION,
RENEWAL AND PREPARATION

Lent is the 40 days (not including Sundays) from Ash Wednesday to the Saturday before Easter.

It began on Ash Wednesday which occurred on February 22nd this year.

It is a reminder of when Jesus spent 40 days in the wilderness. He was tempted but He stood firm against Satan's temptations.

Worry is a conversation you have with yourself about things you can't change.
Prayer is a conversation you have with God about things He can change.

Keep shining. The world needs your light.



Welcome Friend

By Grace E. Easley

Welcome, friend, how good of you to come!
 What pleasant memories your face recalls.
 Pull up a chair, and let us sit and talk;
 Stay long, for you bring sunlight to these walls.
 Welcome, friend, the pot is on the stove;
 I'll set another plate beside my own.
 Forget your cares; remember two can share
 A burden one could never bear alone.

Welcome, friend, I say this from my heart;
 You take away the chill of winter days.
 I hear the warmth of springtime in your voice,
 And after you have gone, the wonder stays.
 The fact that you have cared enough to come
 Means more to me than words can ever say.
 The light of friendship glows within your eyes,
 And that is why I welcome you today.

What God Has Promised

By Annie Johnson Flint

God hath not promised
 Skies always blue,
 Flower-strewn pathways
 All our lives through;
 God hath not promised
 Sun without rain,
 Joy without sorrow,
 Peace without pain.

But God hath promised
 Strength for the day,
 Rest for the labor,
 Light for the way,
 Grace for the trials,
 Help from above,
 Unfailing sympathy,
 Undying love.



The Gift of Grace

Oh, God, give me grace for this day.
 Not for a lifetime, nor for the next week,
 nor for tomorrow, just for this day.
 Direct my thoughts and bless them,
 Direct my work and bless it.
 Direct the things I say and give them blessing, too.
 Direct and bless everything that I think and speak
 and do. So that for this one day, just this one
 day, I have the gift of grace that comes from your
 presence ...



RECIPE



Crustless Spinach Quiche

INGREDIENTS:

STEP 1

- 1 tablespoon butter
- 1 tablespoon olive oil
- 1 large onion
- 1 red pepper, diced

STEP 2

- 1 (10-ounce) bag of frozen spinach
 (thaw and squeeze to remove
 excess water) OR
- 1 package of fresh spinach, OR
- 1 cup of broccoli chopped finely

STEP 3

- 6 eggs, beaten
- 1 cup cottage cheese
- 2 oz. mozzarella cheese
- 2 tablespoons heavy cream
- 1/2 teaspoon salt
- 1/4 teaspoon pepper

STEP 4

- 1/2 cup cheddar cheese, grated

DIRECTIONS:

1. Preheat oven to 350 degrees. Dice onion and red pepper and sauté in butter and olive oil until softened.
2. Add spinach and continue to sauté until wilted.
3. Beat eggs together in bowl. Add cooked veggies to egg mixture.
4. Add cottage cheese, cream and mozzarella cheese. Add salt, pepper and any spice of choice.
5. Pour in 9" pan and bake in a 350 degree oven for 40-45 minutes.
6. Top with 1/2 cup cheddar cheese.

Makes 6 servings as a meal or 12 snack-sized portions. Gluten free. 190 calories per serving.

Joyce Weaver made this for the Adult Discussion Group Sunday School Class Christmas eat-in. Several class members requested the recipe.



Old Irish Blessing

God's Might to uphold you,
 God's Wisdom to guide you,
 God's Eye to look before us,
 God's Ear to hear you,
 God's Word to speak for you,
 God's Hand to guard you.

Submitted by Margaret Yowell

We often hear "Life is short, better enjoy it." How about "Eternity is long, better prepare for it."

Sticky Buns & Pies For Sale

As a fundraiser for Salem's "Bee-lievers" women's group, Anita Harshman is making sticky buns and pies.

- Pecan Cinnamon
 Sticky Buns: \$12
- Apple Pie: \$10
- Cherry or Peach: \$11
- Raspberry, Blueberry or
 Blackberry: \$13

You may purchase these items directly from Anita. To place an order, call Anita at 240-818-0126.

August 2020

A Blessing

Having a place to go - is a home.
 Having someone to love -
 is a family
 Having both - is a blessing.

Submitted by Marilyn Leatherman

January 26th through 29th

Salem Iron Men attend Men's Retreat continued from page 1

Photo by Wanda Barkdoll



On February 5, 2023, the men shared their experiences with the Salem congregation during 9 a.m. worship. From left are Bill Weaver, Dennis Leatherman, Vernon Stottlemeyer and Gary Barkdoll.

continued from page 1

Gary continued, "It was a truly enlightening experience that I not only recommend but highly encourage others to go, if you want to deepen your personal walk with God and find your own glory to shine forth His Glory to others as well."

During worship on February 5, 2023, our men shared their experiences with the Salem congregation. A synopsis of what they said, in part, is as follows. Their complete remarks may be viewed at the Salem website by selecting recorded services.

Vernon Stottlemeyer

// Wow. It was a weekend— one that I will never forget.

Songs being sung, praise music, lot's of scripture as the speakers spoke. It was very touching and got pretty emotional at times.

When we spent time alone, in quiet, I thought about what was said and things that are going on, and I just prayed. I realized that with 180 people here, the Lord's right here with me, the Holy Spirit is right here with us and He was there the rest of the weekend as we worshipped together and enjoyed each other's company.

When we packed up to leave, we took back everything we brought, of course, but I told Bill that I brought back more than I took.

Dennis Leatherman

// It was a beautiful weekend from Thursday evening to about noon on Sunday. If anybody thinks that Satan is dead they are wrong. Satan is the enemy and he hates these things. He doesn't like to see a bunch of men get together and challenge him.

In our private groups, that we met in several times

during the weekend, we were able to open up and disclose things to each another that we probably didn't know before and it's a release to be able to talk to these men and know that they are standing behind me. It was a beautiful place.

What I got from that weekend was that I am called to be a spiritual leader in my family as a man. As I am called to be that, I'm to be a better father and husband. It was a beautiful experience and I really enjoyed it.

Gary Barkdoll

// I would like to thank the Salem Iron Men — what a great group of guys that is — and I'd like to thank Bill Weaver, leader of the Iron Men, for inviting the three of us to go along on this adventure. It was totally enlightening and restorative and just a real good time together.

There were so many things that came out of this weekend. The three of us kind of grew up together and Bill was over the next ridge — we didn't know him at the time — but we share a lot of commonalities in our lives, in our early years, in our growing up. We really enjoyed the company of each other.

They would typically send us out with a quote of some type — saying go ask Jesus something like "where am I in my life; tell me where I am in my life." To know where we are and who we are, I just hope and pray for the rest of this group that we go forth now and let the glory of the Lord shine through our glory and that's what the weekend was about — finding our own glory to know that we are the sons of God, the brothers of Christ, and that we can share this and hopefully reflect this onto other people in the challenges we take on. It's late in our lives— we are not the young men running around doing great things, we have a short time left here. And we just want to finish strong.

Missions is the Mission of the Church

Salem Mission Projects . . .



Salem Mission Project No. 1

A Letter from Frank & Nancy Stottlemeyer

Retired Senegal Missionaries



Dear Folks at Salem United Methodist Church:

First of all, we want to thank you for your part in our lives through your prayers, your gifts, and your friendship. We appreciate you all very much.

We have the normal aches and pains that come with getting older, but, as far as we know, we don't have any major health issues. We certainly thank God for the level of health we have.

There is not much change in the things we are involved in. Nancy continues to visit a number of widows either in their homes or in nursing homes. Most of those ladies don't have many visitors, so it is an encouragement to them when Nancy visits them. Frank continues to serve on the board of our home church; he is the bookkeeper/treasurer; he occasionally teaches Sunday School or Wednesday evening Bible study; he prepares a weekly bulletin insert of prayer requests and announcements; and he helps at the Hagerstown Rescue Mission one day each week.

As far as our family, our daughter, Wanda, plans to stop working at the Hagerstown Rescue Mission at the end of March. She helps at their home church and is praying about what further ministry God has for her after she stops working at the mission. Lynn is part of the leadership of their home church, and he preaches at various churches in the area, besides working full-time at Fed-Ex.

Our son and daughter-in-law, Eric & Wendy, are back in Senegal. Eric is teaching Bible five nights a week in the village to the Badyaranke people. He also records the teaching for those who want to hear the teaching again, and for those who do not attend the teaching. Wendy is helping with the Bible translation into the Badyaranke language. A great praise to the Lord is that the New Testament is now all translated into the Badyaranke language! There is still a lot of work to be done before the New Testament is printed.

Our daughter, Rebecca, is training about 10 men to be able to teach literacy to more of the Badyaranke people. It is so encouraging for the missionary team to see more and more people reading God's Word in their own language.

Our son & daughter-in-law, Gary & Lisa, serve at a missionary retirement center in Florida. Gary is part of the grounds crew and works on other projects, and Lisa helps with the cooking for the residents.

Thank you so much for all you do for us and for our family.

Joyfully in Christ,
Frank & Nancy Stottlemeyer

Salem Mission Project No. 10

The Least of These Ministries — Dominican Republic

Dear Salem Church:

Fatima, a resident in Batey 9, is 80 years old and is a widow. She tells about how she prayed one day, telling God that her family did not have enough to eat. God led her to the food distribution that day, and she left the distribution with food and her card for future distributions. Fatima is grateful for the blessing provided by God.

Our food distribution program supports many widows like Fatima, widowers, families, elderly couples, and single mothers and their children. The ministry is only possible because of the generosity of people like you. We're grateful for the support of the Salem Church family. God Bless you all! —Marty Hogan, Executive Director



News & Notes

Bishop to Host Rural Pastors Gathering

Bishop LaTrelle Easterling will meet for a conversation with pastors who serve in rural settings on Saturday, March 4 from 10 a.m. to noon at Otterbein United Methodist Church in Hagerstown.

Next Level Leader Training for Pastors

Pastor Bob will be attending the Next Level Leader Training on March 8, 2023, at the Severna Park United Methodist Church, Severna Park, MD.

The Bishop will welcome the guest speaker, Jacqui Lewis, author of "Fierce Love: a Bold Path to Ferocious Courage and Rule-Breaking Kindness that Can Heal the World."

Living Well Initiative for Pastors

Pastor Bob has been participating in the Living Well Initiative for pastors in the Baltimore-Washington Conference of the United Methodist Church.

The Living Well Initiative is a seven-month program which offers clergy the opportunity to take ministry to the next level.

The program is comprised of two retreats as well as monthly cohort meetings between the retreats to process learnings and support one another throughout this journey.

Pastor Bob attended the first retreat last fall and is participating in the monthly cohort meetings via Zoom.

He will be attending the second retreat on April 25-27, 2023, which will complete the program.

Baltimore-Washington Annual Conference set for May 31 through June 3, 2023

More than 1,000 clergy and lay members will gather in Holy Conferencing at the 239th session of the Baltimore-Washington Conference on Wednesday, May 31, through Saturday, June 3, at the Hilton Hotel, 401 West Pratt St. in Baltimore. The theme of the conference is "All About Love."

United Methodist General Conference set for April 23 through May 3, 2024.

The 11-day General Conference will be held in Charlotte, North Carolina.

**How to Give
Tithes & Offerings**

1. Offering Plate in Sanctuary

For those at sanctuary worship, an offering plate will be available at the rear of the sanctuary.

2. By Mail

You may mail your tithes and offerings to:

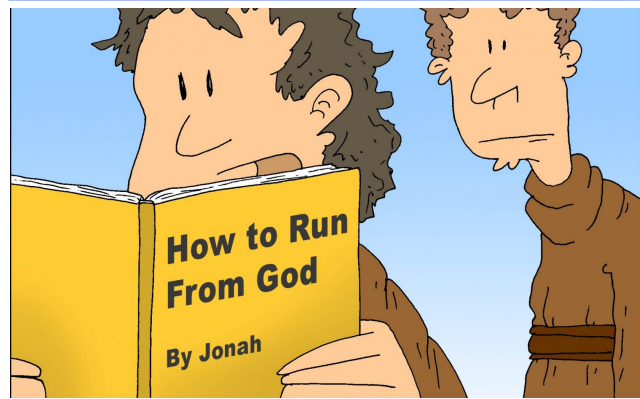
Salem United Methodist Church
 Church Treasurer
 P. O. Box 144
 Myersville, MD 21773-0144

Make checks payable to Salem United Methodist Church.

3. Electronically Online

You may give electronically by viewing our website SalemChurchWolfsville.org and select GIVE.

Heavenly Humor



It just says, "Don't."

Some thoughts to ponder . . .

Compliment people. Magnify their strengths, not their weaknesses.

Don't miss a good "today" by thinking about a bad "yesterday."

Happiness starts with you, not your relationships, not with your job, not with your friends, but with you.

Submitted by Marilyn Leatherman

The Mountain Shepherd

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www.SalemChurchWolfsville.org

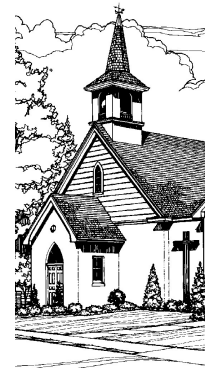
Address Services Requested

SERVICE TIMES

9:00 a.m. Sunday Worship

10:15 a.m. Sunday School

Place
Stamp
Here



March 2023